



SEPTEMBER  
2010



# Lakewood Ranch Medical Center's Community Health Calendar

## UPCOMING SEMINARS AT LAKEWOOD RANCH

### Health Focus Support Group Fall Luncheon Series

**Date:** Friday, September 17

**Time:** 11:45 am – 1:15 pm

**Location:** Conference Room 1

Join Lakewood Ranch Medical Center educators for part two of our three-part educational series focused on your health. Topics range from exercise and weight loss, to diabetes and heart failure. This seminar is free and lunch will be provided. Seating is limited so registration is required.

*Please call Direct Doctors<sup>SM</sup> Plus to register at 1-800-454-8215.*

### Annual Health and Wellness Expo

**Date:** Saturday, October 2

**Time:** 10:00 am – 1:00 pm

**Location:** Hospital Lobby

Come talk one-on-one with medical professionals from the Manatee/Sarasota County area. Vendor booths will be set up offering everything from free massages and eye exams to expert advice on a variety of medical topics. There will be plenty of fun activities for the kids too! The event will take place inside the hospital main lobby and is free to the public.

## CLASSES & SUPPORT GROUPS

### ALS Association Resource Group

Meetings are held the first Saturday of each month from 11:30 am to 1:30 pm in Conference Room 1. Please call **1-888-257-1717, ext. 130**, for information or to make a reservation.

### Diabetes Self-Management and Education

Monthly support groups and three-day educational classes offered. Please call **941-782-2123** for information or to make a reservation.

### Heart Support Groups

Healthy Hearts and Heart Device Support Group meetings are held on alternating months. Please call **941-782-2273** for more information.

### Childbirth Education Classes

For course dates, times and additional information, please call **941-782-2229**.

### New Mom/Baby Group

Wednesdays 11:30 am to 1 pm; Lunch available for \$3.50 (optional). Please call **941-782-2229**.

### Gestational Diabetes Classes

Please call **941-782-2123** for more information or to make a reservation (required).

### Wellness Lecture Series

Free seminars on a variety of medical topics hosted by physicians. Please visit **www.lakewoodranchmedicalcenter.com** for dates and times.

## HOSPITAL SERVICES

### EMERGENCY DEPARTMENT 782-2200

Treatment of medical conditions that require immediate attention.

### THE ORTHOPAEDIC CENTER AT LAKEWOOD RANCH 782-2445

Surgery on bones and joints, including total joint replacement.

### DIAGNOSTICS AND IMAGING 782-2272

Radiology services.

### CARDIOVASCULAR CARE 782-2273

Treatment of heart and vascular conditions.

### SURGICAL SERVICES 782-2286

Advanced surgical and diagnostic services.

### PHYSICAL THERAPY 782-2456

Outpatient, physical, occupational and speech therapy services.

### WOMEN'S CENTER 782-2229

Compassionate healthcare services for all women.

### SPEAKERS BUREAU 782-2131

Speakers are available to address your organization on a variety of health-related topics, free of charge.

### BRIGHT VISTA MEDICAL STABILIZATION SERVICE 782-2177

### SLEEP CENTER 745-6977

Our comfortable, hotel-like, two-bedroom lab features advanced technology and is located on the second floor of the hospital.

### THE BREAST HEALTH CENTER 782-2264

Featuring advanced technology in breast care, including: digital mammography, computer-aided detection (CAD), stereotactic/suros 99 breast and biopsy technology.

### GIFT SHOP 782-2150

Located near the main lobby of the hospital. Visitors always welcome!

### VOLUNTEER SERVICES 782-2127

We welcome and appreciate new adult volunteers!

### DIRECT DOCTORS<sup>SM</sup> PLUS 1-800-454-8215

Free physician referral service.



Lakewood Ranch  
Medical Center

8330 Lakewood Ranch Boulevard • Bradenton, Florida 34202  
941-782-2100 • [www.lakewoodranchmedicalcenter.com](http://www.lakewoodranchmedicalcenter.com)

Become a fan



Physicians are on the medical staff of Lakewood Ranch Medical Center, but, with limited exceptions, are independent practitioners who are not employees or agents of Lakewood Ranch Medical Center. The hospital shall not be liable for actions or treatments provided by physicians. Facebook is a registered trademark of Facebook, Inc.